Ixora chinensis Lamk. Flower Extract Health Drink

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ABSTRACT

Objective: Health Drinks currently are one of the most popular demand of consumption drink product in Thailand globally. We found that many anti-aging health drink products were developed under sub-standard and did not meet the Thai FDA requirements in the area of toxicities and bioactivities. This study aimed to evaluate the anti-oxidant activities of different methods of extraction and maceration of solvents, bioactivity quantities, toxicity, active ingredients of *Ixora chinensis* Lamk., flower extract health drink.

Methods: We studied different methods of extraction between Ultrasonication and maceration with 40% and 50% ethyl alcohol to compare the obtained amount of antioxidants in *Ixora chinensis* Lamk., flower extract health drink. We compared yields with different period of time and also analysis of antioxidant activities with DPPH, FRAP and ABTS methods, total phenolic compound, active ingredients by HPLC and acute toxicity analysis in white wistar rats by oral administering of *Ixora chinensis* Lamk., flower extract for after 24 h and 14 d.

Result: The study revealed no signals of acute toxicity in *Ixora chinensis* Lamk., flower extract which consisted of high contents of rutin, caffeoylquinic acid, chlorogenic acid, quercetin, iso-quercetin and catechin using HPLC. Mean of gallic acid and catechin contents ($\mu\text{g}/\text{mg}$ extract) were 13.62 and 6.08. The result of the highest total flavonoids (μg quercetin/mg sample extract) with macerating in 50% ethanol at 4th day was 0.6.

Conclusion: We suggested that the result of active ingredients from the flower extract showed no statistical significant difference between macerating with water, 40% ethanol, 50% of ethanol and using ultrasonication method. *Ixora chinensis* Lamk. flower extract health drink was safe and contained high anti-oxidant active ingredients. Therefore it would be suitable for developing anti-aging health drink for the future.

Keyword: Ultrasonication Extraction, Phenolic content, Flavonoids, Acute Toxicity, Hematological value, Wistar White Rats

Introduction

Ixora chinensis Lamk usually grew in the southern area of Thailand which commonly was named as “Dauk Chem”. It was classified as jungle geranium, flame of the woods, and jungle flame which was in a Rubiaceae family. The plant was often grown as an annual in temperate and cooler climates which bloomed all year especially in rainy season during March to June.[8]. The plants were favorable to be slightly in the sun or shady. *Ixora*

chinensis Lamk had a delicacy, various colors which could be extracted and developed as health drink. The flowers could also be cooked in some Thai cuisines and the leaves had a great deal of medicinal values in phytochemical studies. The plant contained important phytochemicals such as lupeol, ursolic acid, oleanolic acid, sitosterol, rutin, leucocyanadin, anthocyanins, proanthocyanidins, glycosides of kaempferol and quercetin[14]. Pharmacological studies suggest that the plant possessed antioxidative, antibacterial[1][5,6], gastroprotective, hepatoprotective, antidiarrheal, antinociceptive, antimutagenic, antineoplastic and chemo preventive effects, thus lending scientific support to the plant's ethnomedicinal uses.[16][17] Anti aging drink which consisted of 1-3 kg with 1.5 L of water and 1 liter of *Ixora chinensis* Lamk flower extract extracted from 100-300 g of *Ixora chinensis* Lamk flower which could yield 0.4 L of flower extract. Both parts were adjusted to PH at 4, 70 °C with honey syrup qs. add to 5L [21]. The drink could decrease constipation[15]. *Ixora chinensis* Lamk. inhibited formation of lipid peroxide and protein in oxidation and aldose reductase which could inhibit severity of diabetic disease. Antioxidant activity of *Ixora chinensis* Lamk could decrease the stress oxidation from free radical scavenging enzymes and lipid peroxidation by inducing lead acetate in rat. The result was found that *Ixora chinensis* Lamk. can inhibit the lead-induced oxidative stress. Methanol, acetone, (50%, 90% and 100%) were used for the extraction of phenolic volatile[12]. The analysis of highest total phenolic extraction was at the amount of 1431 mg/QE 100 g. using 50% acetone as extraction solvent. [8,9,15,16]. This study was aimed at analyzing the active ingredients of *Ixora chinensis* Lamk. flower extracts using HPLC[11] such as antioxidant and total phenolic compound[12], flavonoid, and also investigated the comparison of anti oxidant activities by DPPH, FRAP and ABTS method using different kinds of extraction solvents such as water, 40 %, 50% ethanol and with ultrasonication method[20]. Ultrasonication method was the method for extraction using high frequency ultrasonic sound for extraction purpose with small amount of time without using high temperature [20]. The study also investigated the analysis of acute toxicity of *Ixora chinensis* Lamk flower extract in white vista rats as experimental group and control group [13].

Materials and Methods

Sample Selection

The complete and healthy petal shape of *Ixora* flowers were selected as a samples *Ixora* species from *Ixora chinensis* Lamk farm in Samut Songkram province, central south of Thailand during October, 2014. The samples were dried in air at normal room temperature for 7 d and also dried in hot air oven at 50 °C for 24 h until completely dried. The dried sample of *Ixora chinensis* Lamk flowers were kept in closed container at room temperature for preparing in next step of extractions.[14,13]

Extraction of Samples

Extraction with 40% ethanol, 50% ethanol by Ultrasonication Method

Ultrasonication Method was the method for extraction using high frequency ultrasonic sound for extraction purpose with small amount of time without using high temperature

[20].The sample was extracted with ultrasonication extraction for 30 min .Solvents used were 40% ethanol, 50% ethanol . The proportion of samples extraction solvent was 1: 50 w/v [2]. Then the solution was filtered using filter paper no.0. The filtered solution was then evaporated using evaporator at 50 C and was transferred to be proceeded in Freeze Dried equipment for drying .The data of fresh and dried weight of yields were recorded before and after freeze dried method. The freeze dried coarse samples were kept in closed container and was waiting for further analyzing steps.[3,4,20,21]

Extraction with water by Ultrasonication Method.

The sample was extracted with ultrasonication extraction for 30 minutes Solvents used were purified water. The proportion of samples extraction : solvent was 1: 50 w/v .Then the solution was filtered using filter paper no.0. The data of fresh and dried weight of yields were recorded before and after maceration with water[20, 21].

Extraction with ethanol maceration for 7 d

The samples of *Ixora chinensis* Lamk flower was macerated with 50% ethanol and 40% ethanol for 7 d. The coarse extracted powder were collected daily for 7 d and The proportion of samples extraction : solvent was 1: 50 w/v .Then the solution was filtered using filter paper no.0. The data of fresh and dried weight of yields were recorded before and after maceration with water then samples were kept in a closed container and was waiting for further analyzing steps.[20,21]

Bioactivity Analysis

Total Phenolic content Analysis

The standardized gallic acid at concentration of 12.5- 1,000 µg /ml in 80% ethanol and also the sample of *Ixora chinensis* Lamk flower extract at concentration of 1 mg/ml in 80% ethanol were prepared on 3 replications. The analysis was carried in 96-well micro titerplate added with 25 µl of samples and standardized solution of 125 µg /l Follin Ciocalteu reagent was added and rested for 5 min at room temperature, then we added 75g/l Na₂CO₃ for 100 µg and distilled water qs. to 300 µg and the solution was rested at room temperature for 2 hours until completing the reaction. The final solution was brought to be measured the concentration and the absorbance with spectrometer(micro plate) at 760 nanometer wavelength . Graph were plotted between the relationship of concentration of samples and the absorbance of light in order to calculate the result of total phenolic content related to gallic acid equivalent (µg gallic acid /mg extract)[5,6,18].

Flavonoid content analysis

Standardized Quercetin at conc. of 12.5 -1000 microgram / ml in 80% ethanol was prepared. Samples of *Ixora chinensis* Lamk flower extract was prepared at concentration of 1 mg/ml in 80% ethanol in 3 replications. All were tested in 96 well plate by adding 25 micro liter of ample and 75micro liter of 95% ethanol. Then 5 micro liter of 10% AlCl₃ ,5 micro liter of 1 mol K₃COOH were added to the solution and qs. added to 140 micro liter

with distilled water. The solution was rested at room temperature for 30 minutes until completing the reaction. The final solution was brought to be measured the concentration and the absorbance with spectrometer(micro plate) at 415 nanometer wavelength. Graph was plotted and interpreted in linear equation to identify the relationship between standardized quercetin concentration and the concentration of sample related to the absorbance light. The absorbance value from given sample was interpreted and changed to standard graph of flavonoid content which was equivalent to quercetin (microg quercetin /mg extract) [1,6,9,10]

Analysis of anti oxidant activity by DPPH method

Ixora chinensis Lamk Jack R.M.Smith Flower Extract were prepared in 5 concentrations (15-500 microg /ml) of ethanol in test tube. DPPH was prepared in 60 microgram /liter of ethanol. The 750 micro liter of flower extract was prepared in 750 micro liter of DPPH and were kept at room temperature for complete reaction for 20 min . Then the solution was brought to be measured with Spectrometer using UV light at 517 nm wavelength .The % radical scavenging was calculated with the formula below :

$$\% \text{ radical scavenging} = \frac{(A_{\text{control}} - A_{\text{sample}})}{A_{\text{control}}} \times 100$$

A control group was using an absorbance value of UV light

A sample group was using an absorbance value of UV light

The graph was plotted between concentration of *Ixora chinensis* Lamk flower extract and % radical scavenging in order to calculate EC 50 value. All data were collected and recorded in order to calculate % of antioxidant and standard deviation of percent of radical scavenging. The results showed the comparison of EC 50 of samples and antioxidant standard substance of ascorbic acid.[2,5,8]

Analysis of antioxidant activity by FRAP assay method

Ixora chinensis Lamk flower extract was prepared at concentration of 1 mg/ml .The FRAP reagent was also prepared which consisted of acetate buffer : TPTZ(2,4, 6 –tripyridyl – striazine) and ferric chloride. The proportion of the 3 reagents was 30:1:1. Then 100 micro liter of *Ixora chinensis* Lamk flower extract was mixed with 3,000 micro liter of FRAP reagent in the test tube in order to complete reaction. The mixture was brought to measure the absorbance at 593 nm. wavelength in 10 minutes with spectrometer and compared the standard curve of the graph of Feso4 in order to evaluate the Fe2 (Fe equivalent) for 6 replications. Feso4 solution were prepared at 0.1, 0.25,0.5,1.0, 2.5 and 5.0 millimol . Each test tube contained 100 micro liters reacted with 3,000 micro liters FRAP reagent. The solution was brought to measure the absorbance value at 593 nm wavelength of UV light in order to build the standard graph and showed the relationship with concentration of Feso4.

Data collection was recorded and calculated the comparison of Fe 2 equivalent of samples and antioxidant activity reagent.[2,5,7]

Analysis of antioxidant activity by ABTS assay method

The standard Trolox solution was prepared at concentration of 12.5 -1000 µg /ml in 80% ethanol and samples of *Ixora chinensis* Lamk flower extract was also prepared at concentration of 1 mg/ml in 80% ethanol with 3 replication. The ABTS solution was prepared by mixing 7mM ABTS with 2.45 milli mol potassium per sulfate of the same ratio in the distilled water and the solution was kept in dark at room temperature for 6 hours and was dissolved with CH₃OH until obtaining the absorbance at 1.00 with 734 nm. of UV wavelength .[2][5][7][10]. The test was carried in the 96 well plate with standard sample at 150 micro liter. 150 micro liter of ABTS solution was added and kept in room temperature for 6 min for completion of reaction. The solution was brought to measure the concentration of *Ixora chinensis* Lamk flower extract sample against the absorbance with Spectrometer (micro plate reader) at 734 nm. wave length. The absorbance relating to *Ixora chinensis* Lamk flower extract and standard graph to convert and to calculate equivalent value to Trolox solution. (Trolox equivalent) or(microgram Trolox /mg extract) [17,19].

Statistical analysis

Descriptive statistic used were mean, standard error of means(SEM). Inferential statistic used were one-way analysis of variance, ANOVA)and testing the homogeneity of variance using 1-sample K-S and testing of normal distribution using RUN –test .We found that the result of population and sample were normal distribution therefore the sample was capable to further test for hypothesis evaluation. The statistic of testing the hypothesis of antioxidant activity between standard solution and sample solutions extracted from different kind of solvent solutions was one- way ANOVA . The result was found that there was statistical significant different at p-value 0.05. Therefore we have used SPSS version 15 to evaluate the average mean scores in each pair of sample solutions test using Scheffe “s test .[18]

Acute toxicity analysis of *Ixora chinensis* Lamk flower extract

Preparation of raw material of *Ixora chinensis* Lamk flowers

Samples of *Ixora chinensis* Lamk flower extract flowers were collected from Aumphawa farm, Samutsongkram, Thailand. We selected the healthy petals for running the experiment. The *Ixora chinensis* Lamk flower samples were cleaned with purified water and dried in hot air oven at 50 C .Dried flowers were blended to powder form.[13] The powder of dried *Ixora chinensis* Lamk flowers were macerated in 50 % ethanol using the proportion of 1:50 . They were extracted by ultrasonication method for 30 min and was filtered with thin white cloth and filtered second time with filtered paper . The filtered portion was brought to be evaporated using rotary evaporator for drying the filtered portion free from ethanol

solvent and was brought to proceed freeze drying process. The freeze dried powder was given to white vista rat orally by mixing with 0.5 % tween 80% solvent in order to test acute toxicity further.

Preparation of experimental white vista rats

Female and male albino vista rats were used in acute toxicity analysis of *Ixora chinensis* Lamk flower extracts with 200-250 g body weight. Before the experiment, we have to control room temperature for keeping and feeding the experimental rats at 25 °C and – 2 °C, relative humidity at 40-60 % and exposed them with the light 12 h daily and fed them with food and water through the experiment.[13].

Experimental analysis in acute toxicity

We used a randomized control trial in this study with Fixed Effect model using 2 factors which were normal control albino vista rats with 0.5 % Tween 80 as a control group and in 2000 mg of orally induced *Ixora chinensis* Lamk flower extracts per 1 kg of albino vista rats using orogastric tube through their mouths as an experimental group. All wistar white rats had 200-250 g body weight. The volume used was 1 ml of *Ixora chinensis* Lamk flower extracts to each experimental rat groups and 1 ml of 0.5 % Tween 80 to each control rat groups. [13].

Data observational symptoms of rats for acute toxicity analysis

We observed and recorded abnormality symptoms of experimental rats after 24 h and after 14 d, 2 times daily observations continuously such as breathing, ingestion, excretion, defecation, motility, suture, disorientation, anorexia, vomiting, the changes in weight including the records the numbers of mortality rats. At the end of experiment we had proceeded the cervical dislocation of all rats and used their blood samples from cardiac injection and brought them for hematological analysis. The statistical used were mean, percentage, standard deviation, standard error mean using SPSS.

Total Phenolic contents of *Ixora chinensis* Lamk flower extract analysis

We followed the highest antioxidant analysis which composed the compounds of Acetonitrile (A), 0.01 % trifluoroacetic acid (B), The flow rate analysis at 1.0 ml/min under specific gradients [2,19] as follows :

Time (min)	Ratio of solvents(A%)
0-5	20-25
5-10	25
10-12	25-30

12-15	30-40
15-22	40-30
22-27	30-20

We have injected the samples of *Ixora chinensis* Lamk., *Ixora spp* flower extracts into 10 micro liter and compared with the standard substance of (1= gallic acid, 2 = catechin, 3 = chlorogenic acid, 4 = rutin ,5 = ferulic acid 6 = quercetin)at concentration of 50- 500 microgram /ml ,at 280 nm, wavelength of UV light and calculated Total Phenolic contents in *Ixora chinensis* Lamk flower extracts.

Results

Fresh weight / Dried weight of *Ixora chinensis* Lamk., flowers. Data was collected after hot air processing method .

Table .1 showed % yield of fresh weight and dried weight of *Ixora chinensis* Lamk., flowers .

Plant	Fresh weight (g.)	Dry weight (g.)	% Yield
<i>Ixora chinensis</i> Lamk	20.05	3.56	17.76

Bioactivity analysis results of *Ixora chinensis* Lamk flower extracts

The result of bioactivity analysis using DPPH (shown in table. 2) , ABTS (shown in table . 3), FRAP (shown in table .4) antioxidant activity analysis, Total Phenolic content (shown in table . 5) ,Total Flavonoid content (shown in table .6) and the results also were compared with the ultrasonication extraction using the water maceration up to 7 d maceration with 50 % and 40% ethanol. All results of active ingredients from the flower extract showed no statistical significant difference between macerating with water, 40% ethanol , 50% of ethanol and using ultrasonication method [3,5,6].

Table .2 Showed antioxidant activity of *Ixora chinensis* Lamk flower extracts with Vitamin C by DPPH method

code	plant	Extract method	Mean $\pm$ sd
1	<i>Ixora chinensis</i> Lamk	Sonicate 50% EtOH	0.04 $\pm$ 0.00
2		Sonicate 40% EtOH	0.23 $\pm$ 0.07
3		Macer water	0.25 $\pm$ 0.01
4		Macer 50% EtOH d2	0.05 $\pm$ 0.00
5		Macer 50% EtOH d4	0.03 $\pm$ 0.00
6		Macer 40% EtOH d4	0.06 $\pm$ 0.02
7		Macer 40% EtOH d5	0.06 $\pm$ 0.02
8		Macer 50% EtOH d6	0.03 $\pm$ 0.01
9		Macer 40% EtOH d6	0.03 $\pm$ 0.00

Table..3 Result of antioxidant activity using ABTS (IC₅₀, µg/ml)

Code	plant	Extract method	mean±sd
1	<i>Ixora chinensis Lamk</i>	Sonicate 50% EtOH	0.29±0.00
2		Sonicate 40% EtOH	0.643±0.33
3		Macer water	0.46±0.01
4		Macer 50% EtOH d2	0.36±0.00
5		Macer 40% EtOH d2	0.38±0.00
6		Macer 50% EtOH d3	0.24±0.01
7		Macer 40% EtOH d5	0.40±0.01
8		Macer 40% EtOH d6	0.24±0.01
9		Macer 40% EtOH d7	0.36±0.00

Table. 4 Result of antioxidant analysis using FRAP (µg Fe equivalent/g sample)

code	plant	Extract method	mean±sd
1	<i>Ixora chinensis Lamk</i>	Sonicate 50% EtOH	0.23±0.02
2		Sonicate 40% EtOH	0.33±0.02
3		Macer water	0.80±0.24
4		Macer 50% EtOH d2	5.40±0.17
5		Macer 40% EtOH d2	3.34±0.38
6		Macer 50% EtOH d3	4.32±0.32
7		Macer 40% EtOH d4	5.27±0.01
8		Macer 50% EtOH d6	3.07±0.03
9		Macer 50% EtOH d7	4.36±0.34

Table.5 Result in Total Phenolic analysis (µg Gallic acid equivalent/g sample)

code	plant	Extract method	mean±sd
1	<i>Ixora chinensis Lamk</i>	Sonicate 50% EtOH	0.18±0.01
2		Sonicate 40% EtOH	0.23±0.01
3		Macer water	0.09±0.01
4		Macer 50% EtOH d1	0.30±0.00
5		Macer 50% EtOH d3	0.30±0.00
6		Macer 50% EtOH d4	0.30±0.00
7		Macer 50% EtOH d5	0.30±0.00

8		Macer 50% EtOH d6	0.29±0.00
9		Macer 50% EtOH d7	0.30±0.00

Table.6. Showed the contents of Total flavonoid (μg quercetin/mg sample)

code	plant	Extract method	Mean $\pm$ sd
1	<i>Ixora chinensis Lamk</i>	Sonicate 50% EtOH	0.30±0.00
2		Sonicate 40% EtOH	0.34±0.25
3		Macer water	0.09±0.00
4		Macer 50% EtOH d3	0.31±0.25
5		Macer 40% EtOH d3	0.33±0.17
6		Macer 50% EtOH d5	0.34±0.13
7		Macer 40% EtOH d5	0.19±0.16
8		Macer 50% EtOH d6	0.24±0.06
9		Macer 50% EtOH d7	0.39±0.33

Result in Acute toxicity analysis of *Ixora chinensis* Lamk flower extract

We observed and recorded result in Acute toxicity analysis of *Ixora chinensis* Lamk flower extract which showed no abnormality symptoms in experimental rats after 24 h and after 14 d with 2 times daily observations continuously such as breathing, ingestion, excretion, defecation, motility, suture, disorientation, anorexia, vomiting ,the changes in weight including the records the numbers of mortality rats . At the end of experiment we proceeded the cervical dislocation of all rats and used their blood samples from cardiac ejections and brought them for hematological analysis such as Blood Glucose, BUN, Creatinine, Uric acid, Cholesterol, Triglyceride, LDL, HDL, total protein , albumin , globulin, total bilirubin , AST, ALT including the comparison of internal organ weights of control and experimental group of albino vista rats such as liver, kidney, heart and lung . The statistical used were mean, percentage, standard deviation, standard error mean using SPSS[13].

Table7.Showed the result of haematological values in wistar rats by *Ixora chinensis* Lamk flower extract (2,000 mg/kg body weight.)

parameters	Control group	<i>Ixora chinensis</i> Lamk.
Glucose(mg/dl)	146.60±8.15 ^a	157.33±9.32 ^a
BUN(mg/dl)	26.48±1.58 ^a	27.75±1.36 ^a

Creatinine (mg/dl)	0.84±0.02 ^a	0.95±0.02 ^a
Uric(mg/dl)	3.72±0.28 ^a	3.36±0.23 ^a
Cholesterol(mg/dl)	78.00±5.95 ^a	73.16±5.38 ^a
TG(mg/dl)	123.60±13.41 ^a	117.33±15.95 ^a
HDL(mg/dl)	16.60±1.12 ^a	15.83±1.04 ^a

Table.7 Showed the result of haematological values in wistar rats by *Ixora chinensis* Lamk flower extract (2,000 mg/kg body weight.) continued

Parameters	Control group	<i>Ixora chinensis</i> Lamk flower extract
LDL(mg/dl)	38.00±5.31 ^a	37.00±3.17 ^a
Total protein(mg/dl)	6.06±0.12 ^a	5.76±0.05 ^a
Albumin(g/dl)	3.86±0.06 ^a	3.75±0.02 ^a
Globulin(g/dl)	2.20±0.07 ^a	2.01±0.04 ^a
Total bilirubin (mg/dl)	0.30±0.03 ^a	0.26±0.03 ^a
AST(U/L)	78.60±2.60 ^a	77.50±3.14 ^a
ALT(U/L)	29.20±0.96 ^a	28.00±1.61 ^a

^a statistical significant difference at p value ≥ 0.05 compared with control group

Table.8 showed the result of internal organ weight (g.) of wistar rats by *Ixora chinensis* Lamk flower extract (2,000 mg/kg body weight.)

organ	Control group	<i>Ixora chinensis</i> Lamk flower extract
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Liver	4.84±0.31 ^a	5.13±0.60 ^a
Kidneys	0.76±0.04 ^a	0.89±0.06 ^a
Heart	0.44±0.02 ^a	0.42±0.02 ^a
Lungs	0.58±0.04 ^a	0.71±0.09 ^a

^a statistical significant difference at p value ≥ 0.05 compared with control group

Result of active ingredients from HPLC analysis

The active ingredients were investigated such as Gallic acid , Catechin, Ferulic acid and Rutin (as shown in table no. 9) [12]]. The analysis of total phenolic contents were selected from highest oxidant activity from the extraction in order to analyze the compositions [11,12] which composed of Acetonitrile (A) and 0.01% trifluoroacetic acid (B) ,rate of flow was calculated at 1.0 ml/min under gradient conditions as follows:

Time (min)	Ratio of solvent A (%)
0 – 5	20-25
5 – 10	25
10 – 12	25 – 30
12 – 15	30 – 40
15 – 22	40 – 30
22 – 27	30 – 20

Injected *Ixora chinensis* Lamk flower extract 10 μ l to the system and compared with the standardized compound of 1= gallic acid, 2= catechin, 3= chlorogenic acid, 4= rutin, 5 = ferulic acid, 6= quercetin at concentrations of 50 – 500 μ g / ml using 280 nanometer wavelength for analysis of active ingredient compounds of total phenolic compounds in *Ixora chinensis* Lamk flower extract as showed in the table 9.[11]

Table.9 Showed the analysis of active compounds by HPLC method

sample	compounds	replication	Retention time	Area under curve	Contents (ug/mg extract)
<i>Ixora chinensis</i> Lamk	Gallic acid	1	4.89	4957870	13.60
		2	4.90	4987930	13.69
		3	4.87	4943170	13.56
	mean				13.62
	sd				0.06
	Rutin	1	12.74	1286300	5.28

		2	12.69	1517620	6.23
		3	12.65	1639610	6.73
	mean				6.08
	sd				0.74

Diagram showed chromatogram of standardized compounds (standard no.1= gallic acid, 2= catechin, 3= chlorogenic acid, 4= rutin,5 = ferulic acid, 6= quercetin)

Diagram showed chromatogram of *Ixora chinensis* Lamk flower extract (1= gallic acid, 2= catechin, 3= chlorogenic acid, 4= rutin,5 = ferulic acid, 6= quercetin)(12)

Discussion : The antioxidant activity analysis by DPPH method was found that there were no statistical significant different (p-value 0.05) between 50% and 40% ethanol macerated *Ixora chinensis* Lamk flowers and standard vitamin C at day 6th and gave the highest antioxidant activity using macerated 50% ethanol *Ixora chinensis* Lamk at day 6th was

0.03±0.00. The antioxidant activity analysis by ABTS method (IC 50) unit mg/ml was found that there were no statistical significant difference (p-value 0.05) between 40% ethanol macerated *Ixora chinensis* Lamk flowers and sonicated with 40% EtOH and gave the highest antioxidant activity using sonication with 40% ethanol and showed the result of 0.64±0.33. The antioxidant activity analysis by FRAP method (Fe µg /mg of sample) was found that there was the highest antioxidant activity with macerated *Ixora chinensis* Lamk flowers in maceration in 50% EtOH at d 2nd with the result of 5.40±0.17. The result of the highest total phenolic compound in *Ixora chinensis* Lamk flower extracts (µg of gallic acid/mg of sample) with macerating in 50% ethanol at d 7th was 0.30±0.00. The result of the highest total flavonoids in *Ixora chinensis* in 50% ethanol at d 7th was 0.39±0.33. The result of acute toxicity analysis of *Ixora chinensis* Lamk flower extracts in wista white rats showed no sign of death or abnormality with no toxicity which could indicate no acute toxicity in *Ixora chinensis* Lamk flower extracts. The HPLC results from *Ixora chinensis* Lamk flower extracts showed that mean of Gallic acid and Catechin contents (µg /mg extract) were 13.62±/- 0.06 (Mean +/- SD.) and 6.08 +/- 0.74 (Mean +/- SD.) respectively.

Conclusion: In conclusions, all active ingredients from the flower extract showed no statistical significant difference between macerating with water, 40% ethanol , 50% of ethanol and using ultrasonication method which we suggested that using ultrasonication extraction was convenience and could decrease production time for mass production although the cost of equipment was costly. We also would like to confirm that *Ixora chinensis* Lamk. flower extract health drink was safe after certified by acute toxicity test and also contained high anti oxidant active ingredients. Therefore it would be suitable for developing anti aging health drink for the future . The further market analysis with sensory test should be essential for developing the quality product relating to the customer needs in the further research.

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